

# HUMANA MEDICARE PPO PLAN 1 W/O PHARMACY: OPERS

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2016-06/30/2016

Coverage for: Individual Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.Humana.com](http://www.Humana.com) or by calling 1-877-890-4777.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	In-Network Providers: <b>\$0</b> single. Non-Network providers: <b>\$0</b> single.	See the chart starting on page 2 for your costs for services this plan covers.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	In-Network Providers: <b>\$850</b> single. Non-Network providers: <b>\$850</b> single.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Penalties, Premium, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u>
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits
Does this plan use a <u>network of providers</u> ?	Yes.	This plan utilizes the Medicare PPO network.
Do I need a referral to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u>

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- This plan may encourage you to use In-network providers by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Non-network Provider	Limitations & Exceptions
If you visit a health care <b>provider's</b> office or clinic	Primary care visit to treat an injury or illness	4% <b>coinsurance</b> after <b>deductible</b>	4% <b>coinsurance</b> after <b>deductible</b>	None
	Specialist visit	8% <b>coinsurance</b> after <b>deductible</b>	8% <b>coinsurance</b> after <b>deductible</b>	None
	Other practitioner office visit	8% <b>coinsurance</b> after <b>deductible</b>	8% <b>coinsurance</b> after <b>deductible</b>	None
	Preventive care/screening/immunization	No Charge	No Charge	None
If you have a test	Diagnostic test (x-ray, blood work)	X-ray: 4% <b>coinsurance</b> after <b>deductible</b> Lab: No charge after <b>deductible</b>	X-ray: 4% <b>coinsurance</b> after <b>deductible</b> Lab: No charge after <b>deductible</b>	None
	Imaging (CT/PET scans, MRIs)	4% coinsurance after <b>deductible</b>	4% coinsurance after <b>deductible</b>	Part B Participants inpatient services - preauthorization is required. Failure to do so will increase <b>coinsurance</b> to 50%.
If you need drugs to treat your illness or condition	Generic drugs	Not Covered	Not Covered	Not Covered by Humana
	Preferred brand drugs	Not Covered	Not Covered	Not Covered by Humana
	Non-preferred brand drugs	Not Covered	Not Covered	Not Covered by Humana

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More information about <b><u>prescription drug coverage</u></b> is available at 1-866-727-5873.	Specialty drugs	Not Covered	Not Covered	Not Covered by Humana. Pharmacy benefit is administered by Express Scripts.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	4% <b><u>coinsurance</u></b> after <b><u>deductible</u></b>	4% <b><u>coinsurance</u></b> after <b><u>deductible</u></b>	Preauthorization is required. Failure to do so will increase <b><u>coinsurance</u></b> to 50%.
	Physician/surgeon fees	4% <b><u>coinsurance</u></b> after <b><u>deductible</u></b>	4% <b><u>coinsurance</u></b> after <b><u>deductible</u></b>	None
If you need immediate medical attention	True Emergency room services	\$50 <b><u>copayment</u></b>	\$50 <b><u>copayment</u></b>	None
	Non-Emergency room services	\$50 <b><u>copayment</u></b>	\$50 <b><u>copayment</u></b>	
	Emergency medical transportation	4% <b><u>coinsurance</u></b> after <b><u>deductible</u></b>	4% <b><u>coinsurance</u></b> after <b><u>deductible</u></b>	None
	Urgent care	\$50 <b><u>copayment</u></b>	\$50 <b><u>copayment</u></b>	None
If you have a hospital stay	Facility fee (e.g., hospital room)	4% <b><u>coinsurance</u></b> after <b><u>deductible</u></b>	4% <b><u>coinsurance</u></b> after <b><u>deductible</u></b>	Preauthorization is required. Failure to do so will increase <b><u>coinsurance</u></b> to 50%.
	Physician/surgeon fee	4% <b><u>coinsurance</u></b> after <b><u>deductible</u></b>	4% <b><u>coinsurance</u></b> after <b><u>deductible</u></b>	None

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If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	None
	Mental/Behavioral health inpatient services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	Preauthorization is required. Failure to do so will increase <u>coinsurance</u> to 50%.
	Substance use disorder outpatient services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	None
	Substance use disorder inpatient services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	Preauthorization is required. Failure to do so will increase <u>coinsurance</u> to 50%.
If you are pregnant	Prenatal and postnatal care	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	None
	Delivery and all inpatient services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	None

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If you need help recovering or have other special health needs	Home health care	No charge after <u>deductible</u> .	No charge after <u>deductible</u> .	Preauthorization is required. Failure to do so will increase <u>coinsurance</u> to 50%.
	Rehabilitation services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	Preauth is required. Failure to do so will increase <u>coinsurance</u> to 50%.
	Habilitation services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	
	Skilled nursing care	No charge after <u>deductible</u>	No charge after <u>deductible</u>	Preauthorization is required. Failure to do so will increase <u>coinsurance</u> to 50%. -Coverage is limited to 365 days per year
	Durable medical equipment	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	Preauthorization is required. Failure to do so will increase <u>coinsurance</u> to 50%.
	Hospice service	5% coinsurance after deductible	5% coinsurance after deductible	Part B Participants inpatient hospice services - preauthorization is required. Failure to do so will increase <u>coinsurance</u> to 50%.
If your child needs dental or eye care	Eye exam	Not Covered	Not Covered	Not Covered
	Glasses	Not Covered	Not Covered	Not Covered
	Dental check-up	Not Covered	Not Covered	Not Covered

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### Excluded Services & Other Covered Services:

#### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult and Child)
- Hearing Aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Prescription Drugs
- Routine eye care (adult and child)
- Routine foot care
- Weight loss programs

#### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Bariatric surgery
- Chiropractic Care
- Private duty nursing (inpatient only)

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### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-222-7377. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

### Your Grievance and Appeals Rights:

For non-federal governmental group health plans and church plans that are group health plans, insert contact information for participant assistance provided by any TPA or issuer that is hired by or contracts with the plan, and, if available, consumer assistance offered directly by the plan such as applicable participant services, employee services, Human Relations or Fiscal and Personnel Department, or consumer support services. If coverage is insured, also insert applicable State Department of Insurance contact information.

Additionally, a consumer assistance program can help you file your appeal. Contact 1-800-686-1526. A list of states with Consumer Assistance Programs is available at [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform) and <http://cciio.cms.gov/programs/consumer/capgrants/index.html>.

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: 1-877-890-4777.

### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

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## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is not a cost estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$7,260
- Patient pays \$280

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$0
Copays	\$0
Coinsurance	\$80
Limits or exclusions	\$200
<b>Total</b>	<b>\$280</b>

### Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$1,160
- Patient pays \$4,240

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$0
Copays	\$0
Coinsurance	\$40
Limits or exclusions	\$4,200
<b>Total</b>	<b>\$4,240</b>

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## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any participant covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from non-network **providers**, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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