Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2016-12/31/2016
Coverage for: Individual Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.Humana.com or by calling 1-877-890-4777.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	In-Network Providers: \$500 single. Non-Network providers: \$500 single.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of- pocket limit on my expenses?	In-Network Providers: \$1,350 single. Non-Network providers: \$1,350 single.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Penalties, Premium and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits
Does this plan use a network of providers?	Yes.	This plan utilizes the Medicare PPO network.
Do I need a referral to see a specialist?	No.	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <b>excluded services</b>

Questions: Call 1-877-890-4777 or visit us at <u>www.Humana.com</u>.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2016-12/31/2016
Coverage for: Individual Plan Type: PPO

A

- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- This plan may encourage you to use In-network providers by charging you lower <u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Non-network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	None
If you visit a health care provider's office	Specialist visit	8% <u>coinsurance</u> after <u>deductible</u>	8% <u>coinsurance</u> after <u>deductible</u>	None
or clinic	Other practitioner office visit	8% <u>coinsurance</u> after <u>deductible</u>	8% <u>coinsurance</u> after <u>deductible</u>	None
	Preventive care/screening/immunization	No Charge No Charge		None
If you have a test	Diagnostic test (x-ray, blood work)	X-ray: 4% coinsurance after deductible  Lab: No charge after deductible	X-ray: 4% coinsurance after deductible  Lab: No charge after deductible	None
	Imaging (CT/PET scans, MRIs)	4% coinsurance after <u>deductible</u>	4% coinsurance after <u>deductible</u>	Preauthorization is required by Medicare.
If you need drugs to	Generic drugs	Not Covered	Not Covered	Not Covered
treat your illness or	Preferred brand drugs	Not Covered	Not Covered	Not Covered
condition	Non-preferred brand drugs	Not Covered	Not Covered	Not Covered

Questions: Call 1-877-890-4777 or visit us at www.Humana.com.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2016-12/31/2016

Coverage for: Individual Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Non-network Provider	Limitations & Exceptions
More information about <u>prescription</u> <u>drug coverage</u> is available at 1-866-727- 5873	Specialty drugs	Not Covered	Not Covered	Not Covered by Humana. Pharmacy benefit administered by Express Scripts.
If you have	Facility fee (e.g., ambulatory surgery center)	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	Preauthorization is required by Medicare.
outpatient surgery	Physician/surgeon fees	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	None
	True Emergency room services	\$50 <u>copayment</u>	\$50 <u>copayment</u>	
If you need	Non-Emergency room services	\$50 copayment	\$50 copayment	None
immediate medical attention	Emergency medical transportation	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	None
	Urgent care	\$50 <u>copayment</u>	\$50 <u>copayment</u>	None
If you have a	Facility fee (e.g., hospital room)	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	Preauthorization is required by Medicare.
hospital stay	Physician/surgeon fee	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	None

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2016-12/31/2016

Coverage for: Individual Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Non-network Provider	Limitations & Exceptions
	Mental/Behavioral health outpatient services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	None
If you have mental health, behavioral	Mental/Behavioral health inpatient services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	Preauthorization is required by Medicare.
health, or substance abuse needs	Substance use disorder outpatient services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	None
	Substance use disorder inpatient services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	Preauthorization is required by Medicare.
If you are mucoment	Prenatal and postnatal care	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	None
If you are pregnant	Delivery and all inpatient services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	None
	Home health care	No charge after deductible.	No charge after deductible.	Preauthorization is required by Medicare.
If you need help recovering or have	Rehabilitation services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	Preauthorization is required by Medicare.
	Habilitation services	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	
other special health needs	Skilled nursing care	No charge after deductible	No charge after deductible	Preauthorization is required by Medicare.
	Durable medical equipment	4% <u>coinsurance</u> after <u>deductible</u>	4% <u>coinsurance</u> after <u>deductible</u>	Preauthorization is required by Medicare.
	Hospice service	5% <u>coinsurance</u> after <u>deductible</u>	5% <u>coinsurance</u> after <u>deductible</u>	Preauthorization is required by Medicare.
If your child needs	Eye exam	Not Covered	Not Covered	Screenings covered at 100%. Eye Exams are not covered.
dental or eye care	Glasses	Not Covered	Not Covered	Not Covered
	Dental check-up	Not Covered	Not Covered	Not Covered

Questions: Call 1-877-890-4777 or visit us at <u>www.Humana.com</u>.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-877-890-4777 to request a copy.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2016-12/31/2016

Coverage for: Individual Plan Type: PPO

#### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult and Child)
- Hearing Aids

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Prescription Drugs

- Routine eye care
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

• Bariatric surgery

Chiropractic Care

• Private duty nursing (inpatient only)

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2016-12/31/2016

Coverage for: Individual Plan Type: PPO

#### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-222-7377. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

#### **Your Grievance and Appeals Rights:**

For non-federal governmental group health plans and church plans that are group health plans, insert contact information for participant assistance provided by any TPA or issuer that is hired by or contracts with the plan, and, if available, consumer assistance offered directly by the plan such as applicable participant services, employee services, Human Relations or Fiscal and Personnel Department, or consumer support services. If coverage is insured, also insert applicable State Department of Insurance contact information.

Additionally, a consumer assistance program can help you file your appeal. Contact 1-800-686-1526. A list of states with Consumer Assistance Programs is available at <a href="https://cciio.cms.gov/programs/consumer/capgrants/index.html">www.dol.gov/ebsa/healthreform</a> and <a href="http://cciio.cms.gov/programs/consumer/capgrants/index.html">http://cciio.cms.gov/programs/consumer/capgrants/index.html</a>.

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact: 1-877-890-4777.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does</u> provide minimum essential coverage.** 

#### **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

 To see exam	tiles o	f how	this t	blan mi	oht con	er costs	for	a sam	tle n	nedical	situation.	see th	he ne:	xt $ba$	aσe	
. O SOU COVOITE		1000	VISUS P	, vovi v i i v v	CIST VOU	01 00000	101	U SUVIII	pro 11		SULLIULUUTU	000 VI.	,0 ,,00	ve po	v C U .	

Coverage Period: 01/01/2016-12/31/2016

Coverage for: Individual Plan Type: PPO

## **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



## This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

#### Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$6,770
- Patient pays \$770

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

#### Patient pays:

\$500
\$0
\$70
\$200
\$770

#### **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$680
- Patient pays \$4,720

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

Total	\$4,720
Limits or exclusions	\$4,200
Coinsurance	\$20
Copays	\$0
Deductibles	\$500

Coverage Period: 01/01/2016-12/31/2016

Coverage for: Individual Plan Type: PPO

#### **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any participant covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from non-network <u>providers</u>, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

## Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.