

Welcome!

Please take a moment to complete the **BEFORE** the **Presentation** section of the survey card.



Active Members Understanding Your Medicare Options

Health Care Disclaimer

This presentation reflects current information. There is no promise, guarantee, contract or vested right to access to health care coverage or a premium allowance.

The OPERS Board of Trustees has the discretion to review, rescind, modify or change the health care plan at any time.

Although health care is not a statutory requirement, OPERS understands that meaningful health care is part of a secure retirement.

Who Should be Attending This Presentation?



- Members who are currently working and will turn 65 within 15 months
- Members who are 65 and older and still working



 Members younger than age 65 at retirement -your Pre-Medicare HRA and enrollment process is entirely different

We're Going to Review the Questions:

- 1 I plan on retiring when I turn 65, what should I do?
- 2 I will still be working when I turn 65, what should I do?
- When should I talk to my employer and what should I ask?
- 4 How do I avoid a gap in my health care coverage?

Become an Empowered Consumer

Your employer coverage is more of a one size fits all type of plan.

Individual Medicare plan options come in a variety of packages which may be overwhelming at first. There is much more to consider:

- Insurance providers
- Medicare
- Prescription plans

- Physicians
- Plan networks
- Medical plans Travel coverage

Today You Will Leave Here Understanding:



Common Health Care Terms

Employer Plans vs. Medicare Plans

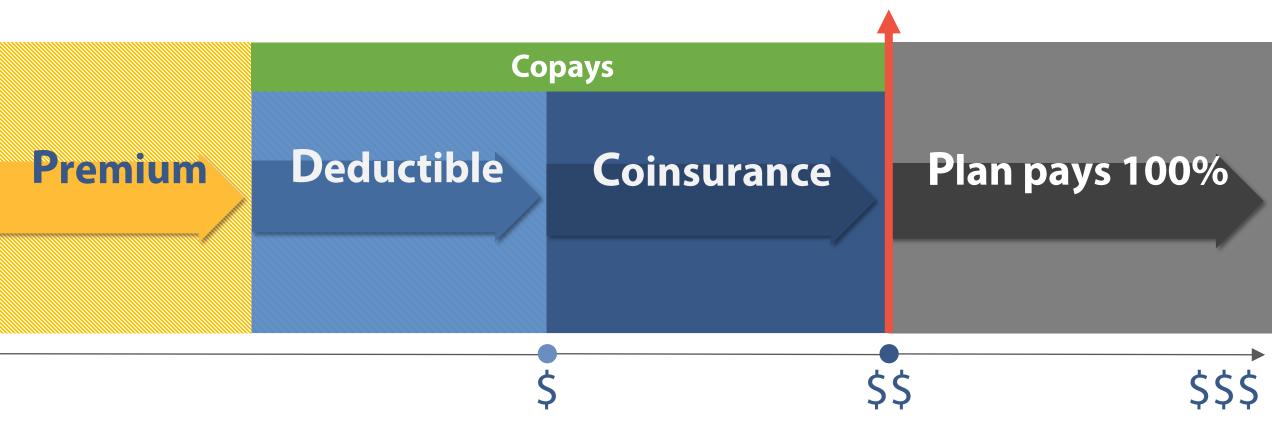
Health Reimbursement Arrangement (HRA) Model

Timeline Summary & FAQs

What's Next

Common Health Care Terms





Not all plans are the same – this is an illustration of some common terms that you need to know and understand to be a more empowered health care consumer.

Prescription Drugs

What is a formulary?

A formulary is the list of drugs covered by a carrier's insurance plan:

- Many plans have a formulary, where drugs are divided into groups called "tiers"
- In general, the lower the tier, the lower the cost to you
- Make sure you understand what tier your prescriptions fall under and how much you'll pay for them

Formulary Tiers

Preferred Generic Drugs

Tier 1 \$

Non-Preferred Generic Drugs

Tier 2 \$\$

Preferred Brand Drugs

Tier 3 \$\$\$

Non-Preferred Brand Drugs

Tier 4 \$\$\$\$

Specialty Drugs

Tier 5 \$\$\$\$\$



Common Health Care Terms

Original Medicare

Coverage managed by the federal government. It includes Medicare Part A (Hospital Insurance) and Part B (Medical Insurance).

Medicare Advantage

Also known as "Part C," is a type of Medicare health plan offered by a private company that contracts with Medicare. These plans include Part A, Part B, and usually Part D. Plans may offer some extra benefits that Original Medicare doesn't cover.

Medigap

Also known as a Medicare Supplement plan, is extra insurance you can buy from a private health insurance company that fills in the "gaps" that Original Medicare Parts A and B do not cover.

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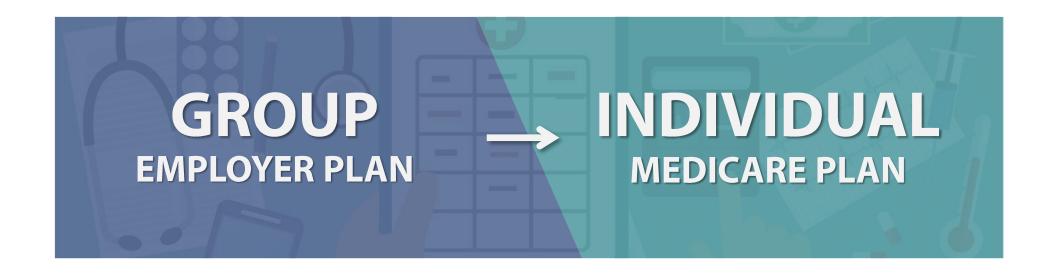
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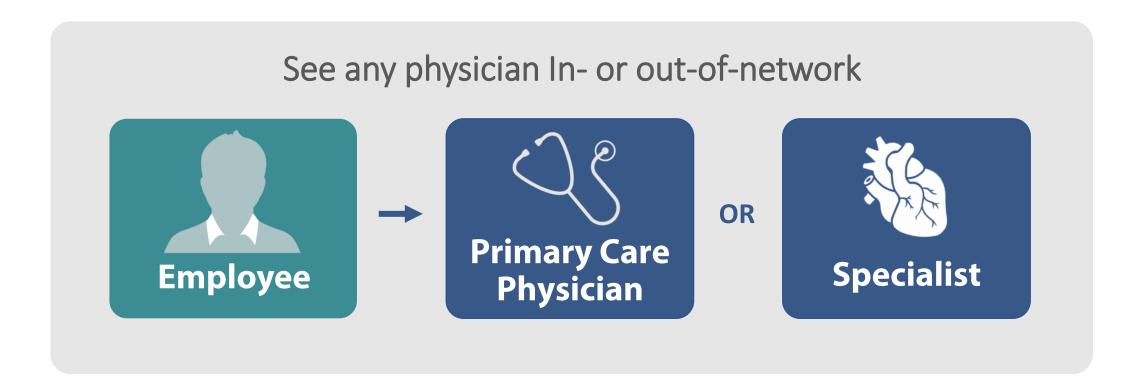
When you retire, you will move from your employer's group health care plan to an individual Medicare plan.



If you don't retire when you turn 65 you don't need to enroll in an individual Medicare plan, but you should begin to understand the differences.

Employer Coverage

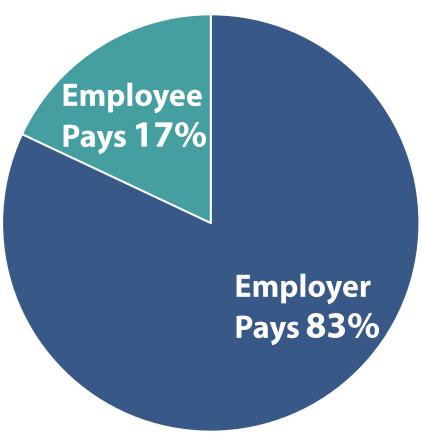
Most common employer sponsored plans are Preferred Provider Organizations (PPO).



Employer Plan Premiums

- Employers typically pay a higher portion of total cost
- Premium determined by a larger pool of individuals
- Healthy people are subsidizing sicker people
- Premium is the same regardless of age





Original Medicare Works Differently



Medicare is federal health insurance for individuals:

- Age 65 and over
- Under 65 with certain disabilities
- Any age with end-stage renal disease or ALS

Medicare Part A – Hospital Coverage

Coverage includes

Inpatient care in hospitals, some skilled nursing facilities and some home health and hospice care

Coverage does not include

Long-term nursing home stays or non-medical, in-home care

Eligibility needs

40 quarters of Medicare Social Security credit – you may qualify through a spouse's work record

Note

Most public employees pay into Medicare even though they don't pay into Social Security



Contributions
cannot be
made to an HSA
once an
individual is
enrolled in
Medicare Part A.

Medicare Part B – Medical Coverage

A

Coverage includes

Doctor's services (physicians and specialists), outpatient care, some lab work, X-rays, therapy and durable medical equipment

Coverage does not include

Vision or dental

Eligibility needs

Participants are eligible to enroll at the age of 65 or with qualifying illness or disability

Note

The standard monthly premium based on income for 2024 is \$174.70. Cost is determined by Social Security and may be higher depending on your income. High income earners should visit medicare.gov to see their premiums.

For each 12-month period you delay enrollment in Medicare Part B, you will have to pay a 10% Part B premium penalty.



If payment for your Part B premium is ever stopped, you will be disenrolled from your Medigap or Advantage plan.

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Medicare Advantage (Part C)

Coverage includes

Offered by private companies approved by Medicare, that will include Original Medicare coverage and often additional coverage. Sometimes covers dental and vison. Most Medicare Advantage plans are MAPDs, which include prescription coverage.

Private Company Plans

Medicare Advantage plans have provider networks like, Health Maintenance Organizations (HMOs), Preferred Provider Organizations (PPOs) or Private Fee-for-Service (PFFS) plans.

Medicare Part D

PRESCRIPTIONS

Generic, brand name and specialty drugs at participating retail pharmacies and home delivery.

You will pay a Late
Enrollment Penalty for any period of 63 or more days in a row you don't have Medicare drug coverage or other creditable drug coverage.

Medigap (Medicare Supplement)

Coverage includes

Extra insurance you can buy from a private health insurance company that fills in the "gaps" that Original Medicare does not cover.

Prescription drug coverage is not provided.

Individuals who select this generally also select a Medicare Part D prescription drug plan.



Your doctor provides medical service and bills Medicare





Medicare pays the approved portion of the bills and sends remaining amount to Medigap



plan pays the excess left over, according to the plan's terms

Private Company Plans Medigap plans do not have networks, therefore policy holders can use any provider who accepts Medicare.

Medigap

- Original Medicare
 PARTS A AND B
- 2 Medigap
- Rx Coverage PART D

3 Parts

Medicare Advantage

1 Hospital, Medical, and Prescription Coverage

All inclusive



Medigap

- Higher monthly premiums
- Lower out-of-pocket cost
- Any state
- No network
- Medicare Part D separate
- Plans and benefits are identical regardless of carrier

Medicare Advantage

- Lower monthly premiums
- Higher out-of-pocket cost
- Your state, by region
- Has network
- Medicare D usually included
- Plans and benefits vary by carrier



Medigap

Medigap plans are **guaranteed issue** during your Initial Enrollment
Period - When you turn 65 and
enroll in Medicare Parts A and B.
This means no medical
underwriting.

Medical underwriting may apply if you select Medigap outside of the Initial Enrollment Period.

Medicare Advantage

Medicare Advantage plans are always **guaranteed issue** (no medical underwriting) for Medicare-eligible individuals who have Medicare Parts A and B.

■ Will remain guaranteed issue whenever you are able to enroll in a new plan.



Think about your 80-year-old self. You may be in good health now, but what will your health be 11/9/202in 15 years? Guaranteed Issue Rights look after your future self.

Help With Plan Selection and HRA Administration





Help with plan research and enrollment assistance



Help with mediating carrier issues



Provide ongoing support and annual plan evaluation



Manage the reimbursement of claims

Work With a Licensed Benefit Advisor

An unbiased licensed Benefit Advisor will partner with you to understand:

- Your medical and pharmacy needs
- Your lifestyle and budgetary considerations

And help you determine an individual plan that suits your needs



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Health Care Allowances From OPERS

OPERS provides eligible retirees with a monthly allowance to be reimbursed for some of the qualified expenses associated with your health care plan.

Allowance Percentages are calculated using your:

- Age at the time of eligibility
- Years of qualified health care service credit



How Allowances are Calculated

The OPERS **Base Allowance** is the dollar amount that is used to calculate your monthly HRA allowance.

Base Allowance (Medicare): \$350

X

Allowance Percentages range: 66% to 90%

Allowance Amounts range: \$231 to \$315

Years of Service/Age	65 and over
20	66%
21	68%
22	70%
23	72%
24	74%
25	76%
26	78%
27	80%
28	82%
29	84%
30	86%
31	88%
32	90%

HRA Allowance Example

Using Average Allowances for OPERS Retirees

	37% of retirees 70-79% allowance
Average Allowance	\$260
Medigap Plan G	\$205
Part D Rx Plan	\$57
Health Care Premium Total	\$262
Allowance to Premium Ratio	99%

Medicare Recipients Have a Closed HRA

You must use Via Benefits to enroll in an individual Medicare medical plan to receive a deposit into a Health Reimbursement Arrangement (HRA)



Via Benefits assists members who contact them to select a plan



They specialize in connecting retirees to plans with an abundance of plan options



Most plans have the ability to report enrollment and payments to Via Benefits

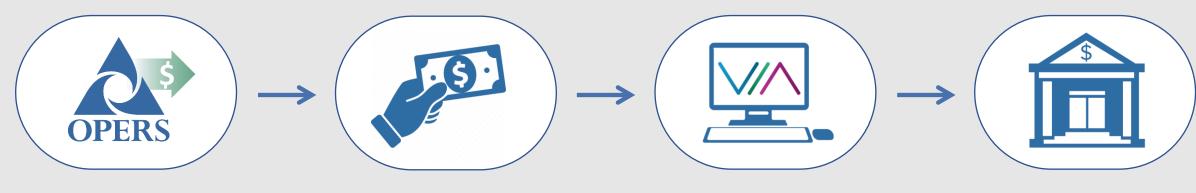
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Not all plans available to Medicare participants will be available through Via Benefits.

Reimbursement Process

Via Benefits serves as the HRA administrator. They process your claims and expense reimbursement requests.



OPERS

deposits your allowance into your HRA

YOU

must pay eligible medical expenses first

YOU

submit a reimbursement claim

VIA BENEFITS

will reimburse you via direct deposit

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Retiring When You Turn 65

(Initial Enrollment Period)

- 6 months prior to 65
 Contact OPERS to discuss your retirement options
- 3 months prior to 65
 Request proof of creditable coverage from your employer and apply for Medicare Parts A and B
- 2 to 6 months prior to 65
 Apply for retirement with OPERS
- After receiving the OPERS Health Care Confirmation letter Contact Via Benefits to schedule your enrollment call

Retiring When You Turn 65

(Initial Enrollment Period)

Or... Continue to Work When You Turn 65

3 months prior to 65

Research the option to remain with your employers group coverage or enroll in Medicare Parts A and B and an individual Medicare plan.

Discuss these options with your employer.

Older Than 65 and Still Working

(Special Enrollment Period)

- 6 months prior to your retirement date
 Contact OPERS to discuss your retirement options
- 3 months prior to your retirement date Request proof of creditable coverage from your employer and apply for Medicare Parts A and B with an effective date the first of the month following termination of your employer coverage
- 2 to 6 months prior to your retirement date Apply for retirement with OPERS
- After receiving the OPERS Health Care Confirmation letter Contact Via Benefits to schedule your enrollment call



What is the effective date of my Medicare Parts A and B and my individual Medicare plan?

A.

You want your effective date to be the first of the month following termination of your employer coverage.

For those retiring at age 65, this will be the first of the month in which you turn 65. If you turn 65 on the first of a month, your effective date is the first of the month prior.

For those continuing to work after 65, this will be the first of the month following termination of your employer coverage.

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I will be retiring at age 65 and will qualify for the HRA, what will be the effective date of my HRA?



Your effective date for the OPERS HRA will be the first of the month following your 65th birthday.

FAQ#3



If I don't like the plan I enrolled in, when can I change?

A.

Every year, the Open Enrollment period (Oct. 15 – Dec. 7) allows you to change your Medicare Advantage or Medicare Part D Prescription Drug plan.

Medigap policies don't have an Open Enrollment period. You are free to apply for a different policy at any time.

However, after your Guarantee Issue Period, you may have to go through medical underwriting.



Can my spouse use Via Benefits to research and enroll in a plan?



Yes. Via Benefits helps many people determine an individual plans that best suits their needs.

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If I need assistance, can someone else speak with a Via Benefits licensed benefit advisor on my behalf?



Yes, but they must have your verbal permission or, if you can't provide your verbal permission, someone with your Power of Attorney can complete the enrollment on your behalf.



What's the difference between the OPERS HRA and an HSA?



The **OPERS HRA** is an account funded by OPERS that provides tax-free reimbursement for qualified health care expenses.

A **Health Savings Account (HSA)** is an individually owned or employer owned account that helps individuals pay for eligible health care expenses associated with a High-Deductible Health Plan (HDHP). Once enrolled in Medicare, contributions can no longer be made.



I'll have the OPERS HRA and an HSA. Can both accounts be used for reimbursement of similar qualified expenses?



Yes, but as is always the case when it comes to tax-advantaged accounts, there's no double-dipping allowed. You cannot pull tax-free money out of an HSA and also seek a tax-free HRA reimbursement for the same medical expense.

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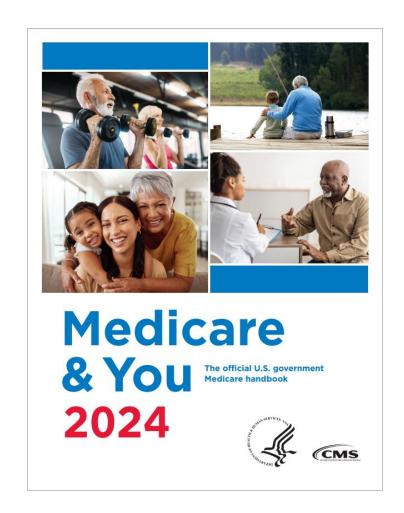
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Medicare: Important Mailings & Website

- Look for important communications from Social Security about Medicare
- Visit medicare.gov for more information about the parts of Medicare, premiums, and what Medicare covers
- Download Medicare & You, a comprehensive guide to all things Medicare



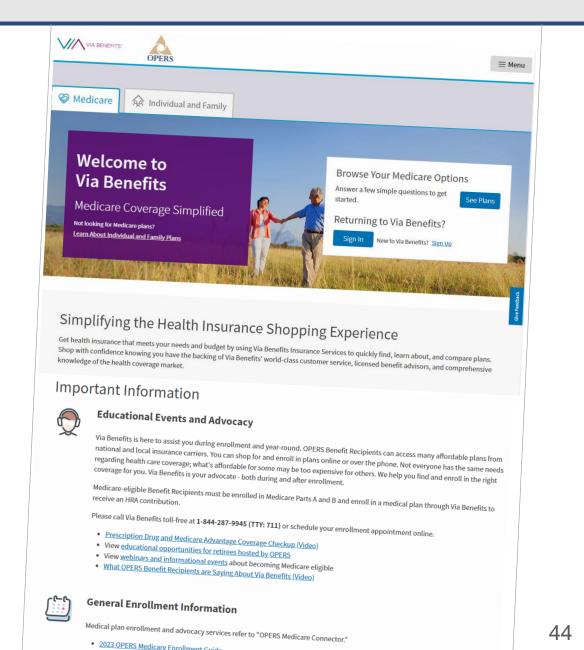
OPERS Website

- Visit opers.org and navigate to Retired Members/Health Care
- This page provides HRA information, program eligibility, how to find a plan when retiring and where to find help
- You'll also find FAQs and links to other resources



Via Benefits Website

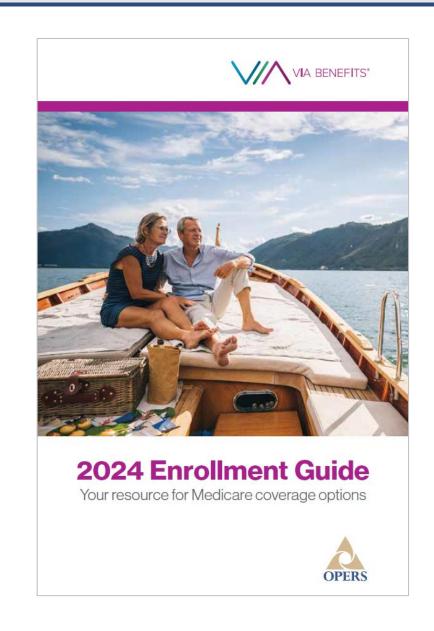
- Visit my.viabenefits.com/opers
- You can begin browsing Medicare plans directly from the website
- You'll find information about other educational events, "how to" videos, expense reimbursement and enrollment



Via Benefits Website

One of the best resources to review as you approach retirement is the **Enrollment Guide**, it covers:

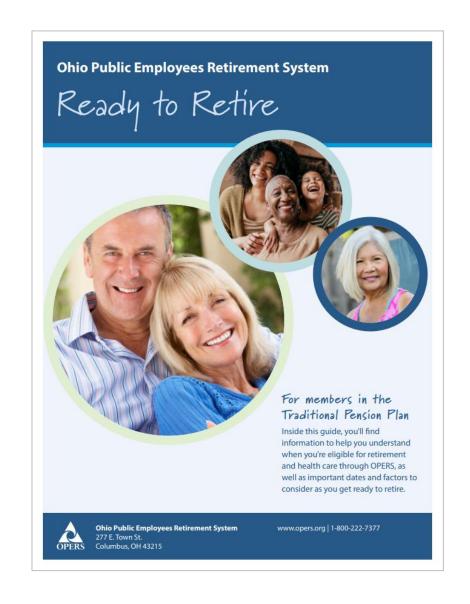
- Getting ready to enroll in coverage
- Understanding your new coverage options
- Three steps to enrollment PREPARE, REVIEW and ENROLL
- What to expect after enrollment

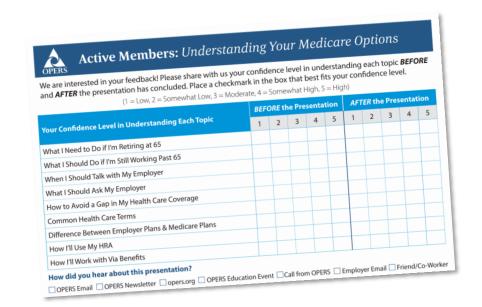


Attend a Ready to Retire Seminar

Attend when you're within 12 months of retirement to hear more about:

- Eligibility and allowances for the OPERS Health Care program
- How the HRA works
- What to know if you're considering re-employment





Thank you for attending!

Please take a moment to complete the *AFTER* the Presentation section of the survey card.

QUESTIONS ANSWERS