## **OPERS-provided benefits** are a framework for financial security

Are you on the right path to grow your secure retirement?

**Pension** benefit

Health care considerations

You've worked hard for your retirement benefit and OPERS works to ensure your pension is secure. Financial experts recommend employees also have a personal savings plan.

Here's what you can do to make sure your financial framework supports a thriving lifestyle in retirement.

Access to health care is important in establishing a secure retirement. OPERS is working to contain costs so health care can continue to be offered; health care is not guaranteed.

Start early; know about and access OPERSprovided retirement tools

- Review your *OPERS Annual* Statement, available online or by mail, for accuracy.
- Sign up for and use your OPERS online account for 24/7 access, to run estimates, or update beneficiaries.
- Sign up for the right educational seminar at the right time.
- Consider contacting a professional financial planner or tax advisor.

Healthy employees are more likely to become healthy retirees.

Help us provide the best possible service by starting your retirement process at your convenience online. (Visit www.opers.org to find a list of necessary documents you will need to start the retirement process.)

**Adopting or maintaining** healthy lifestyles today will help preserve your good health tomorrow. Healthy lifestyles have proven to prevent or delay many chronic conditions.

Check the OPERS website,

- Information on your benefits, and
- Educational opportunities.

www.opers.org, for:

Pension benefits provide an important framework for financial security; know how to access your benefit.



Good health costs less than poor health. The cost to prevent the onset of chronic conditions such as diabetes is much less than the cost to treat the disease.

Access to health care is important; OPERS works to continue that access-employees must work to adopt healthy lifestyles now.

Continue on the path to a secure retirement

Questions, comments, concerns? Need more information? The OPERS website has a number of helpful tools to answer your questions: online calculator, seminar information, how to start the retirement process and access to your online account. See what's available by visiting www.opers.org.

Contact OPERS Member Services Center 1-800-222-7377