



## 2014 Step Therapy for OPERS, Non-Medicare Members

<b>Step Therapy Drugs</b> <small>(Step Therapy encourages the use of less expensive first-line drugs before more expensive second-line drugs)</small>		
<b>Drug/Drug Category</b>	<b>Second-line Drugs</b>	<b>First-line-Drug Examples</b>
Alpha-1 Proteinase Inhibitors	Glassia, Zemaira, Prolastin	Aralast
ADHD Non-Stimulants	Strattera, Intuniv, Kapvay	Adderall, Adderall XR, Concerta, Daytrana, Desoxyn, Dexedrine, Dexedrine Spansules, Dextroamphetamine IR, Dextroamphetamine SR, dexamethylphenidate IR, Focalin, Focalin XR, Metadate CD, Metadate ER, methamphetamine, Methylin, Methylin ER, methylphenidate ER, methylphenidate immediate release, mixed amphetamine salts IR, Ritalin LA, Ritalin SR, Vyvanse
Angiotensin-II Receptor Blockers (ARBs)	Any Brand Name ARB or ARB Combination	losartan, losartan/hctz, Any generic Ace Inhibitor or generic Ace Inhibitor Combination
Antiepileptic Drugs	Depakote, Lamictal, Keppra, Trileptal	valproic acid, divalproic acid, lamotrigine, levetiracetam, oxcarbazepine
Antidepressants--SSRI	Any Brand Name SSRI	fluoxetine/weekly, fluvoxamine, paroxetine, paroxetine CR, citalopram, sertraline
Antidepressants--SNRI	Cymbalta, Effexor, Effexor XR, Pristiq, Venlafaxine extended-release, Savella	fluoxetine, fluvoxamine, paroxetine, citalopram, sertraline, venlafaxine/XR
Alzheimer's	Aricept, Cognex, Exelon, Razadyne/ER	galantamine/ER, rivastigmine, donepezil
Avodart	Avodart, Proscar, Jalyn	finasteride
Beta Blockers	Brand Name Beta Blockers and Combinations	Generic Beta Blockers and Combinations (atenolol, metoprolol, others)
Bile Acid Sequestrants	Welchol, Questran/Light, Prevalite, Colestid	cholestyramine, colestipol
Bisphosphonates	Fosamax, Actonel, Atelvia, Boniva	alendronate
Non-Steroidal Anti-inflammatory Drugs	Brand Name NSAIDs	Generic NSAIDs (ibuprofen, naproxen, others)
Calcium Channel Blockers	Brand Name Calcium Channel Blockers	Generic Calcium Channel Blockers (nifedipine, felodipine, verapamil, others)



<b>Drug/Drug Category</b>	<b>Second-line Drugs</b>	<b>First-line-Drug Examples</b>
Cryopyrin Associated Periodic Syndromes	Arcalyst	Ilaris
COX-2 Inhibitors	Celebrex	Generic NSAIDs (ibuprofen, naproxen, others)
Erythroid Stimulants	Epogen	Procrit, Aranesp
Fenofibrates	Tricor, Lofibra, Antara, Triglide, Lipofen, Fenoglide, Trilipix, Fibricor	fenofibrate
Hypnotics	Ambien CR, Lunesta, Rozerem, Sonata, Ambien, Edluar, Silenor, Zolpimist	zolpidem/CR, zaleplon
Infertility Drugs	Cetrotide	Ganrilex
Inflammatory Conditions	Kineret, Amevive, Rituxan, Remicade, Orenicia, Actemra	Enbrel, Humira
Long-Acting Opioids	MS Contin, Oramorph SR, Embeda, Avinza, Kadian, Opana ER, OxyContin, Exalgo	morphine SR, oxymorphone ER
Gabapentin	Lyrica, Horizant, Neurontin, Gralise	gabapentin
Metformin	Glucophage XR, Glucophage, Fortamet, Riomet, Glumetza	metformin, metformin extended-release
Multiple Sclerosis Drugs	Tecfidera, Aubagio, Gilenya	Extavia, Rebif, Copaxone, Avonex
Nasal Steroids	Any Brand Name Nasal Steroid	fluticasone, flunisolide
Ophthalmic Prostaglandins	Lumigan, Travatan/Z, Xalatan	latanoprost
Overactive Bladder	Detrol, Detrol LA, Sanctura/XR, Vesicare, Enablex, Oxytrol, Ditropan, Ditropan XL, Toviaz, Gelnique	oxybutynin IR, oxybutynin XL, trospium
Prostate Cancer GNRH Analogs	Firmagon, Lupron, Trelstar	Eligard
Oral Tetracyclines	Brand Name Tetracycline Products	demeclocycline, doxycycline, minocycline, tetracycline
TZDs for Diabetes	Actos, Avandia, Actoplus Met/XR, Avandamet, Duetact, Avandaryl	metformin, metformin extended-release, metformin/glyburide, metformin, glipizide, metformin/repaglinide
Topical Acne	Brand Name Benzoyl Peroxides	Generic Benzoyl Peroxides
Topical Corticosteroids	Brand Name Topical Corticosteroids	Generic Topical Corticosteroids (fluticasone, hydrocortisone, others)



<b>Drug/Drug Category</b>	<b>Second-line Drugs</b>	<b>First-line-Drug Examples</b>
Topical Immunomodulators	Elidel, Protopic	Generic Topical Corticosteroids (fluticasone, hydrocortisone, others)
Tramadol	Ultram, Ultracet, Ultram ER, Ryzolt, Rybix ODT, ConZip	tramadol/ER, tramadol/acetaminophen
Triptans	Amerge, Axert, Frova, Imitrex (oral only), Maxalt/MLT, Relpax, Treximet, Zomig/ZMT	naratriptan, rizatriptan, sumatriptan, zolmitriptan
Uloric	Uloric	allopurinol
Zetia	Zetia	Any "Statin" (simvastatin, pravastatin, others)